EQUIPMENT LIST · DOG SLEDDING

Adventure Week

8 days · Five nights at the lodge, two nights out at the wilderness camp or a mountain lodge; one day with the reindeer herders by snowmobile.

The equipment list is proven suitable for our dogsledding trips (and when joining the reindeer herders) through the winter. You should not bring more, since the dogs' carrying capacity is limited — and you don't need to buy any specialist clothing.

WHAT WE PROVIDE

ITEM	
Full Arctic set — leather anorak, trousers, winter boots with woollen socks, mittens and cap	included
Specialist gear for your activity	included
All tour and safety equipment	included
Soft bag for your private gear on the sled	included
Sleeping mat / reindeer skin	included
Sleeping bag — or bring your own — see below	**NOK 500 · for hire**

TO WEAR

- ☐ Long underwear, top and bottom — *preferably wool or synthetic*
- ☐ Undershirt or thin jumper — *preferably wool*
- ☐ Shirt or sweatshirt
- ☐ Thick sweater — *preferably wool or fleece*
- ☐ Trousers — *wool, fleece or softshell — not jeans*
- ☐ Wool or fleece socks, 2 pairs — *one over the other*
- ☐ Hat — *warm and windproof, that also protects your ears in the wind — consider a lightweight one as well*
- ☐ Mittens — *wool or fleece with windproof cover — mittens are warmer than gloves*
- ☐ Thin gloves — *for the camera, zips and harnessing the dogs*
- ☐ Leather work gloves — *or working gloves — useful for collecting firewood, activities and harnessing the dogs*
- ☐ Big, warm jacket — *you can have our anorak on top of your jacket to protect it when the dogs want to cuddle and jump*
- ☐ Warm winter boots — *or hire ours*
- ☐ Windproof over-trousers — *insulated — or hire ours*
- ☐ Scarf, buff or balaclava — *something that covers the face when the wind blows*

TO BRING

- ☐ An extra sweater — *wool or fleece*
- ☐ Sunglasses — *March–May*
- ☐ Ski goggles — *optional; uncoloured lenses in December–January*
- ☐ Sun cream — *March–May*
- ☐ Head torch — *November–March, any activity after dark*
- ☐ Camera — *keep the spare battery warm in an inner pocket — the cold empties it fast*

- ☐ A sandwich or something else to toast on the fire — *if your activity has a campfire stop — hot drinks are served*
- ☐ Small rucksack for the extras
- ☐ Swimwear — *if you fancy the sauna afterwards — optional*

TO CHANGE — IN YOUR SLED BAG

- ☐ Socks — *wool or fleece*
- ☐ Underwear
- ☐ Shirt or sweatshirt
- ☐ Light shoes for inside the cabin or tent

ALSO BRING

- ☐ Sleeping bag — *your own, or hire from us — a 3-season bag for cabin use, or a proper winter bag rated −20 °C or warmer for expeditions in a tent*
- ☐ Spare batteries for the head torch and camera
- ☐ Knife or multitool — *optional*
- ☐ Toiletries, personal first-aid kit, travel towel, sun cream, hand warmers, hand sanitiser
- ☐ A book for the evenings
- ☐ Something warming for the evening — *“defrost liquids” are not prescribed by us on tour, but have proven handy at night in the cabins and by the campfire. At the lodge we serve every kind of drink — on tour we don’t.*