EQUIPMENT LIST · DOG SLEDDING · WINTER DAY TRIP

Dog Sledding Day Trip

Winter · 3.5–4.5 hours · 27–45 km · Your own team for a day, from the lodge at 10 am. Arctic clothing for hire.

The equipment list is proven suitable for our dogsledding trips (and when joining the reindeer herders) through the winter. You should not bring more, since the dogs' carrying capacity is limited — and you don't need to buy any specialist clothing.

WHAT WE PROVIDE

ITEM	
Full Arctic set — leather anorak, trousers, winter boots with woollen socks, mittens and cap	**NOK 500 · for hire**
Arctic leather anorak / jacket	**free**
Arctic trousers	**NOK 200 · for hire**
Arctic winter boots with woollen socks	**NOK 200 · for hire**
Arctic mittens	**NOK 50 · for hire**
Windproof winter cap	**NOK 50 · for hire**
Specialist gear for your activity	included
All tour and safety equipment	included
Soft bag for your private gear on the sled	included
Sleeping mat / reindeer skin	included
Sleeping bag	Not needed

TO WEAR

- ☐ Long underwear, top and bottom — *preferably wool or synthetic*
- ☐ Undershirt or thin jumper — *preferably wool*
- ☐ Shirt or sweatshirt
- ☐ Thick sweater — *preferably wool or fleece*
- ☐ Trousers — *wool, fleece or softshell — not jeans*
- ☐ Wool or fleece socks, 2 pairs — *one over the other*
- ☐ Hat — *warm and windproof, that also protects your ears in the wind — consider a lightweight one as well*
- ☐ Mittens — *wool or fleece with windproof cover — mittens are warmer than gloves*
- ☐ Thin gloves — *for the camera, zips and harnessing the dogs*
- ☐ Leather work gloves — *or working gloves — useful for collecting firewood, activities and harnessing the dogs*
- ☐ Big, warm jacket — *you can have our anorak on top of your jacket to protect it when the dogs want to cuddle and jump*
- ☐ Warm winter boots — *or hire ours*
- ☐ Windproof over-trousers — *insulated — or hire ours*
- ☐ Scarf, buff or balaclava — *something that covers the face when the wind blows*

TO BRING

- ☐ An extra sweater — *wool or fleece*

- ☐ Sunglasses — *March–May*
- ☐ Ski goggles — *optional; uncoloured lenses in December–January*
- ☐ Sun cream — *March–May*
- ☐ Head torch — *November–March, any activity after dark*
- ☐ Camera — *keep the spare battery warm in an inner pocket — the cold empties it fast*
- ☐ A sandwich or something else to toast on the fire — *we stop for a break at a campfire in the wilderness — hot drinks are served*
- ☐ Small rucksack for the extras
- ☐ Swimwear — *if you fancy the sauna afterwards — optional*