EQUIPMENT LIST · OTHER ACTIVITIES · WINTER EVENING HIKE

Northern Light Safari with Snowshoes

Winter · 3–4 hours · 1.5 km up the holy mountain Halde, from the lodge at 8 pm. Snowshoes, hot drinks and a light snack included.

This is a hike, not a sled ride. The first part up Halde is steep and you will sweat; at the top you sit still by the fire for a long time in the cold. So dress for walking, and carry the warmth for the top in a small rucksack: wool next to the skin, no cotton, and the big jacket packed until you stop. Dress according to the weather of the evening — your guide tells you what to expect before we leave.

WHAT WE PROVIDE

ITEM	
Guide	included
Snowshoes	included
Hot drinks and a light snack by the fire	included
Reindeer skin to sit on at the top	included
Arctic leather anorak / jacket — for the top — carry it up on the rucksack	**free**
Arctic trousers	**NOK 200 · for hire**
Arctic winter boots with woollen socks	**NOK 200 · for hire**
Arctic mittens	**NOK 50 · for hire**
Windproof winter cap	**NOK 50 · for hire**
Full Arctic set — anorak, trousers, boots with socks, mittens and cap	**NOK 500 · for hire**

TO WEAR — FOR THE WALK UP

- ☐ Long underwear, top and bottom — *wool or synthetic, never cotton — you will sweat on the climb*
- ☐ Thin jumper or shirt — *preferably wool — the mid layer for walking*
- ☐ Trousers — *wool, fleece or softshell — not jeans*
- ☐ Windproof over-trousers — *when it is cold or windy — or hire ours*
- ☐ Light windproof jacket — *shell or softshell for the way up — the big jacket stays in the rucksack*
- ☐ Wool or fleece socks — *one or two pairs*
- ☐ Warm winter boots — *waterproof, with a good sole — the snowshoes strap on to them — or hire ours*
- ☐ Hat — *a lightweight one for the climb; the warm, windproof one goes in the rucksack*
- ☐ Thin gloves — *for the climb, zips and the camera*
- ☐ Scarf, buff or balaclava — *something that covers the face when the wind blows*

TO BRING — IN YOUR RUCKSACK, FOR THE TOP

- ☐ Big, warm jacket — *down or our Arctic anorak — put it on the moment you stop*
- ☐ A dry top to change into at the top — *wool — a wet base layer is the fastest way to get cold*
- ☐ Thick sweater — *wool or fleece — the extra layer under the big jacket*
- ☐ Mittens — *wool or fleece with windproof cover — mittens are warmer than gloves; hand warmers optional*
- ☐ Extra wool socks — *a dry pair for the top*
- ☐ Head torch — *we walk up and down in the dark*
- ☐ Camera — *a small tripod for the lights; keep the spare battery warm in an inner pocket*
- ☐ Small rucksack — *20–30 litres, for all of the above*