EQUIPMENT LIST · OTHER ACTIVITIES · SUMMER · SEVEN DAYS

Wilderness Safari with Pack Dogs

Summer · 7 days · Five nights in a lavvu on the plateau, 15–17 km a day. Your dog carries 7–10 kg of your luggage; your sleeping bag, mat and clothing go in your own rucksack.

This list is proven suitable for our summer tours with pack dogs. You should not bring more, since a dog's carrying capacity is limited — and you don't need to buy any specialist clothing. Everything for the day hike applies; add what you need for five nights in a lavvu, where it can be near freezing at night even in July. Pack in dry bags.

WHAT WE PROVIDE

ITEM	
Your pack dog with its packs, the lavvu, cooking equipment and all group equipment	included
Nets, boat and rods for the fishing	included
Sleeping bag — for the nights out	**NOK 500 · for hire**
Sleeping mat / reindeer skin	**free**

TO WEAR

- ☐ Wool or synthetic base layer — *a long-sleeved top at least — never cotton next to the skin*
- ☐ T-shirt — *for the warm hours*
- ☐ Thin wool jumper or fleece
- ☐ Trousers — *quick-drying — and shorts if you like*
- ☐ Wool socks, 2 pairs
- ☐ Wind- and waterproof jacket and trousers
- ☐ Waterproof hiking boots or rubber boots — *the ground is wet in places*
- ☐ Light hat or cap — *against sun, wind and mosquitoes*
- ☐ Thin gloves — *it can be cold in the wind even in July*

TO CARRY IT IN

- ☐ Rucksack, 40–50 litres — *for your sleeping bag, mat and clothing — the dog carries the rest*
- ☐ Dry bags or plastic bags — *clothes, sleeping bag and electronics stay dry*
- ☐ Sleeping bag — *your own three-season bag, or hire ours*
- ☐ Sleeping mat — *or use our reindeer skins*

ALSO BRING

- ☐ Small rucksack
- ☐ Drinking bottle
- ☐ Mosquito repellent — *late June to mid-August*
- ☐ Sun cream and sunglasses
- ☐ A warm extra layer — *for the stops and the evening*
- ☐ Camera
- ☐ Thick wool sweater or fleece jacket
- ☐ Long underwear — *for the evenings and the sleeping bag*
- ☐ Warm cap and thin mittens — *wool or fleece — it can be near freezing at night*
- ☐ Socks, underwear and a shirt to change into
- ☐ Raincoat or poncho — *over you and the rucksack*

- ☐ Light shoes for the camp
- ☐ Headlamp — *from mid-August*
- ☐ Knife or multitool, small quick-drying towel, toiletries
- ☐ Swimwear — *for the lakes and the sauna at the end*