EQUIPMENT LIST · SKI TOUR · MOUNTAIN CABINS

Ski Tour Accompanied by Dog Team — with Sámi Adventure

8 days · Two nights at the lodge, five nights in mountain cabins. Your luggage travels on the dog sled.

Please note that this is the minimum required clothing and equipment for this tour. You are of course welcome to bring other clothes and equipment in addition to this list.

Your luggage travels on the big dog sled, driven by the guide — pack it in the soft sled bag, in waterproof bags inside. On the trail you carry only a light rucksack for thermos, lunch pack and an extra pullover.

WHAT TURGLEDER PROVIDES

Included in the price for your exclusive use, or for hire (*).

ITEM	
Dog sled, team and guide — the big sled carries all the luggage; all tour and safety equipment	included
Ski system * — ski boots, skis, skins and ski poles	**for hire · price on request**
Sleeping bag * — for the mountain cabins	**NOK 500 · for hire**
Soft bag for your private gear on the sled	included

CLOTHING

- ☐ **1 + 1** Shell jacket & shell pants — *windproof and waterproof, e.g. GoreTex, BreTex or similar membrane fabric*
- ☐ **1** Big insulation jacket — *big down jacket, to put over your windproof jacket during breaks and in the evening*
- ☐ **1** Thick woollen sweater or fleece mid-layer
- ☐ **2 sets min.** Thermal base layers — *full body cover — long johns & shirt, preferably wool / woollen terry, or netting / fishnet base layers*
- ☐ **2** Shirt, long-sleeved — *preferably wool, mid-layer thickness*
- ☐ **X** Underwear — *preferably merino wool*
- ☐ **1–2** Hat — *warm and windproof, that also protects your ears in the wind — consider a lightweight one when skiing*
- ☐ **2 + 2 pairs** Thin hiking socks + thick woollen socks — *2 pairs thin, preferably merino wool, and 2 pairs thick woollen*
- ☐ **1 pair** Outer mittens — *windproof, big enough to wear woollen / down mittens inside, covering the wrists*
- ☐ **1–2 pairs** Inner mittens — *warm and windproof, covering the wrists, preferably wool or down, big enough to fit liner gloves inside*
- ☐ **1 pair** Gloves — *for skiing, and for helping with the dogs*
- ☐ **1 pair** Light shoes or slippers — *for inside the cabins*
- ☐ **1** Buff or scarf and/or balaclava — *must be able to cover the skin of the face — wool or fleece preferred*
- ☐ **1** Swimwear — *for the sauna at the lodge on the last evening — optional*
- ☐ **X** Additional clothes — *for after the tour, left at the lodge*

EQUIPMENT

- ☐ **1 system*** Ski boots + skis + skins + ski poles
- ☐ **1*** Sleeping bag — *if you bring your own, a three-season sleeping bag is enough for the cabins*

- ☐ **1** Liner for the sleeping bag, or a thin sleeping bag
- ☐ **1** Ski goggles
- ☐ **1** Sunglasses
- ☐ **1** Thermos flask 1 L — *for the day: lunch pack and hot drink*
- ☐ **1** Head torch + batteries
- ☐ **1** Light rucksack 20–30 L — *for thermos, lunch pack and an extra pullover*
- ☐ **X** Toiletries, private first-aid kit, travel towel, sunscreen and other private equipment
- ☐ **X** Camera + extra batteries + memory cards — *optional*
- ☐ **1** Power bank + charger — *optional*

NOTES

- Items marked with * can be provided by Turgleder / Engholm Lodge on request, for free or at an additional cost. Tell us which equipment you need at least one month before the trip.
- You are of course welcome to bring your own ski set on this trip. The skis must, however, be mountain / expedition skis (back-country skis) or touring skis. Racing skis or other narrow and/or short skis will not do the job. The skis are vital on this trip, and anything other than mountain / expedition skis or touring skis is not considered safe to use.
- We can provide a modern expedition ski package: modern lightweight expedition skis (Åsnes Amundsen or Nansen) and poles (Åsnes Horgi / Vidda), skins and boots (Alfa Polar A/P/S or Alfa Quest A/P/S).
- Equipment that you do not need on the tour can stay at the lodge.