

Wilderness Hike with Pack Dogs

Summer · 1.5–2 or 3–4 hours · An off-track hike from the lodge with the huskies carrying the packs. Dogs, packs and — on the long version — drinks, campfire and fishing gear included.

A summer day on the plateau can be hot, wet, windy and cold within a few hours, and the ground is wet in places. Dress in layers you can take off and put on, with a wind- and waterproof shell on top, and wear boots that can take a bog. Dress according to the weather of the day — your guide tells you what to expect before we leave.

WHAT WE PROVIDE

ITEM	
Guide and the pack dogs with their packs	included
Cold and hot drinks, campfire and fishing gear — 3–4 hour version	included

TO WEAR

- ☐ Wool or synthetic base layer — *a long-sleeved top at least — never cotton next to the skin*
- ☐ T-shirt — *for the warm hours*
- ☐ Thin wool jumper or fleece
- ☐ Trousers — *quick-drying — and shorts if you like*
- ☐ Wool socks, 2 pairs
- ☐ Wind- and waterproof jacket and trousers
- ☐ Waterproof hiking boots or rubber boots — *the ground is wet in places*
- ☐ Light hat or cap — *against sun, wind and mosquitoes*
- ☐ Thin gloves — *it can be cold in the wind even in July*

TO BRING

- ☐ Small rucksack
- ☐ Drinking bottle
- ☐ Mosquito repellent — *late June to mid-August*
- ☐ Sun cream and sunglasses
- ☐ A warm extra layer — *for the stops and the evening*
- ☐ Camera
- ☐ Fishing rod — *optional — on the 3–4 hour version; we have rods and licence for the lakes we pass*
- ☐ Swimwear and a small towel — *for the lakes and the sauna afterwards — optional*